

-----  
The Navy Public Affairs Library (NAVPALIB)  
A service of the Navy Office of Information, Washington DC  
Send feedback/questions to navpalib@opnav-emh.navy.mil  
-----

Date: Thu, 23 Mar 1995 16:35:24 -0400 (EDT)  
Subject: Naval Service Medical News (NSMN) 95-12

R 230246Z MAR 95 ZYB  
FM BUMED WASHINGTON DC//00//  
SUBJ/PUBLIC AFFAIRS-NAVAL SERVICE MEDICAL NEWS (NSMN) (95-12)//  
POC/P.C. BISHOP/CAPT/MED-00P (PUBLIC AFFAIRS)/-/TEL:(202)  
653-1315/TEL:DSN 294-1315//

RMKS/1. THIS SERVICE IS FOR GENERAL DISTRIBUTION OF INFORMATION AND NEWS OF INTEREST TO NAVY AND MARINE CORPS MEMBERS, CIVILIAN EMPLOYEES, FAMILY MEMBERS AND RETIRED BENEFICIARIES OF NAVY MEDICINE. MAXIMUM AND TIMELY REDISTRIBUTION OR FURTHER REPRODUCTION AND USE BY ACTION ADDRESSEES IS ENCOURAGED. THIS MESSAGE HAS BEEN COORDINATED WITH THE COMMANDANT OF THE MARINE CORPS (CMC). THE COMMANDANT HAS AUTHORIZED TRANSMISSION TO MARINE CORPS ACTIVITIES.

2. HEADLINES AND GENERAL INTEREST STORIES THIS WEEK:  
(950090)-CNO Extends Accolades to Navy Medical Department  
(950091)-MSC Officers Recognized for Excellence by ACHE  
(950092)-Naval Hospital's BEQ Receives Four-Star Rating  
(950093)-NNMC Corpsman Heads for Naval Academy, Class of '99  
(950094)-Navy and Civilian Partnership is Win-Win Situation  
(950095)-CPR Training Saves Lives -- Sometimes the Teacher's  
(950096)-USUHS Offers CME on the Internet  
(950097)-Navy Nurses Provide Corpsmen with LVN Review Classes  
(950098)-Prescription Musts for Mail-order Pharmacy Project  
(950099)-Naval District Washington's Uniform Shift Coming  
(950100)-NDC Newport Change of Command (para 3)  
(950101)-Cote Retires with Legion of Merit after 42 Years

HEADLINE: CNO Extends Accolades to Navy Medical Department  
CNO Washington (NSMN) -- The recent presentation of American Hospital Association awards to two Navy Medical Department officers attracted the attention and praise of Chief of Naval Operations ADM J.M. Boorda. In a letter to Navy Surgeon General VADM D.F. Hagen, MC, the CNO said:

"I was very pleased to learn that, for the first time in the history of these prestigious awards..., two members of the same service won the awards and those members are our Navy shipmates!

"Rear Admiral Hal Koenig is the 1994 winner as the Federal Health Care Executive. Commander Dan Snyder is the winner of the Award for Achievement. I could not be prouder of these two professionals nor of the Navy medical team on which they serve.

"Please give a very well deserved BZ to Hal and Dan. Share it also with your other team members. They are the best!"

The CNO also penned a personal note, which the Surgeon General heartily endorses: "Well Done to all!"

-USN-

HEADLINE: MSC Officers Recognized for Excellence by ACHE

NMC Portsmouth, VA (NSMN) -- At a recent meeting of the American College of Healthcare Executives, two Medical Service Corps officers from Naval Medical Center Portsmouth were honored by the ACHE's "Federal Sector Awards Program" -- LCDR John W. Tempesco, MSC, received ACHE's Military Excellence in Managed Care Award; LT Terri L. Butler, MSC, received the Navy Regent Young Healthcare Executive Award.

Tempesco is currently officer in charge, Building No. 1, NMC Portsmouth. A past project manager for the Navy's only Catchment Area Management Program, in Charleston, SC, Tempesco served as head, Managed Care, Navy Managed Care Program, from June 1992 to December 1994, where he made significant contributions to the Navy's progress in understanding managed care practice philosophy. The catalyst for major modification of the fiscal intermediary contract supporting Tricare Tidewater, he negotiated numerous partnership agreements at significant cost savings to the government; coordinated development, testing and implementation of the first Catchment Area Management Information System (CAMIS); and served on number DOD-level working groups. He frequently appeared before Congress, DOD, Navy commands and civilian audiences to address managed care issues.

Butler, who currently serves as the aide to the commander, Naval Medical Center Portsmouth, received the Young Healthcare Executive Award for her superb working knowledge of the local health care environment and her contribution to the operational excellence and capability of the Naval Medical Center. She was instrumental in the development of the managed care directorate as a philosophy of practice to facilitate changes in business practices. As a subject matter expert on pre-authorized preventive services under the Tricare Prime program, she authored sections of the Tricare Prime Beneficiary Handbook and was instrumental in its layout design.

Congratulations to both LCDR Tempesco and LT Butler on their accomplishments.

-USN-

HEADLINE: Naval Hospital's BEQ Receives Four-Star Rating

NAVHOSP Pensacola, FL (NSMN) -- Naval Hospital Pensacola's Bachelor Enlisted Quarters (BEQ) -- a 72-person enlisted living facility located on the northeast corner of the naval hospital compound -- received a "Four-Star Outstanding" rating by the Bureau of Naval Personnel's Management Assistance and Inspection Team (MAIT) during an inspection in January.

Only seven of 175 BEQs inspected during the past two-and-one-half years have received a rating of "outstanding." Naval Hospital Pensacola's BEQ is the first Bureau of Medicine and Surgery affiliated facility to receive a rating of outstanding, according to inspection team members.

And on top of the outstanding, the inspection team gave the hospital BEQ a "four-star" rating, the highest and most distinguished honor that can be earned for a BEQ within the Navy.

"We are certainly proud of our BEQ staff and residents for making this facility amongst the best throughout the Navy," said Commanding Officer CAPT Marion Balsam, MC. "Additionally, it was certainly inspiring to see that our BEQ staff took such pride in their quarters as reflected by their starting a self-help program" to refurbish the facility.

Balsam also recently presented the BEQ Manager, MSC Mildred V. Pereira, with a Navy Achievement Medal for her management of the facility.

"Chief Pereira displayed meticulous attention to detail and superior resourcefulness abilities," said Balsam. "She spent numerous off-duty hours in preparation for this inspection. Chief Pereira was directly responsible for our BEQ earning such an outstanding rating."

Pereira, a native of San Diego, works in the Operating Management Department of Naval Hospital Pensacola.

-USN-

HEADLINE: NNMCM Corpsman Heads for Naval Academy, Class of '99  
NNMCM Bethesda, MD (NSMN) -- What does a young person do these days to further his or her education? Set a goal and go for it.

HM3 Charles F. Gould Jr. set his goal at obtaining a higher education and now the U.S. Naval Academy will provide him with that. Gould, senior corpsman for the National Naval Medical Center's Ward 5 West, was notified earlier this year that he has been accepted to and will be part of the class of 1999 at the Naval Academy.

"My division officer suggested I apply to the Naval Academy," said Gould. "It was quite a process. I needed a letter of endorsement from the command, letters of recommendation, all my high school and college transcripts, SAT scores, and had to write an essay and pass a physical. I really had a lot of help from HM2 High, my LPO. I never would have had all the administrative detail and correspondence that my package needed if it hadn't been for him." Gould also credits his successful application to others, "like Lieutenant Porter and Lieutenant Commander Raderstorff, my division officers. They pushed me through. Captain Huber knew what steps to take with the Academy to get my package through. It was close, we had a January 31 deadline and I turned it in January 29. Because of the proximity to Annapolis, I walked everything through instead of sending it through the mail, which I think helped."

Gould, who joined the Navy in 1993 and attended hospital corpsman "A" school, isn't quite sure what he wants to study at the academy, but says he wouldn't mind becoming a Marine Corps officer. He reports to the Academy 30 June to begin plebe summer, which is an orientation process for all freshmen. After spending four years at Annapolis, he must obligate service for six more years.

"I'm still a bit overwhelmed at the whole thing, but there is no turning back now, I'm going," he said. "I don't think I've stopped grinning since I was notified of my acceptance. Little things don't bother me as much now, I have a higher goal to

achieve."

Condensed from a story by JO2 Sue Roland

-USN-

HEADLINE: Navy and Civilian Partnership is Win-Win Situation

NAVHOSP Newport, RI (NSMN) -- It's amazing what aggressive Navy surgeons and an innovative command can do. Building on a foundation set in 1991, when Naval Hospital Newport finalized an external partnership agreement with a local community hospital to provide all inpatient and ambulatory surgical care for military beneficiaries while outpatient care and select procedures were done at the Navy facility, Navy general surgeons at Naval Hospital Newport have recently expanded their scope of care.

For instance, general surgeons at Newport aggressively sought and received vascular and thoracic privileges, using the civilian hospital's intensive care commitment and operating room availability. This flexibility recently allowed Navy surgeons, using civilian facilities, to complete surgery for an abdominal aortic aneurism and also to save the leg of a second patient with reversed vascular occlusion, averting the necessity of an amputation. Both procedures not only provided patients immediate access to a high level of quality care, they resulted in significant savings to the Navy by avoiding the cost of a medevac to one of the military's major medical treatment facilities.

-USN-

HEADLINE: CPR Training Saves Lives -- Sometimes the Teacher's

NMCL Annapolis, MD (NSMN) -- In Annapolis, the staff of the Education and Training Department of the Naval Medical Clinic is dedicated to the goal of training every member of the Naval Academy family in the art of saving a life through cardiopulmonary resuscitation.

HM1 Terry Tilson says they saw a need to train everyone in this lifesaving technique. While most active duty members and civilian employees are required to know CPR, families are not. The clinic's weekly evening programs provide an easy way for employees and family members to learn CPR.

The time to learn CPR is before you need it. And Tilson has first-hand proof that the time to teach it is before you need it too. In 1980, he was on a Mediterranean cruise with a Marine platoon; they decided to go snorkeling. With several hours to wait before they could go, Tilson decided to put the time to good use and teach the group CPR. Three hours later, while snorkeling, Tilson was stung by a sea anemone and had a cardiac arrest under water. A Marine sergeant he had just taught pulled Tilson from the water and performed CPR, saving his teacher's life. "I'm walking proof it works," Tilson said.

-USN-

HEADLINE: USUHS Offers CME on the Internet

USUHS Bethesda, MD (NSMN) -- The Uniformed Services University of the Health Sciences recently announced a new feature available on the World Wide Web server of its Department of Pathology -- "Continuing Medical Education (CME) on the

Internet." USUHS President James A. Zimble, MD, calls the offering "truly a major milestone in the utilization of interactive telemedicine."

The URL (Universal Resource Locator) of the server is: <http://wwwpath.usuf2.usuhs.mil> . The initial offering on the server, Cases for Diagnosis: Surgical Pathology, features presentations of patient radiographs, imaging studies, photographs of gross and microscopic specimens together with patient case histories in a case study page. The thumbnail images that are shown are linked to larger black and white or color photographs (24-bit). Links to a question page, comment pages and to other relevant pages on the server are provided. With WWW browsing software, such as Mosaic or Netscape, relevant links are easily navigated by a simple click of the mouse.

This course is designated as a continuing medical education activity for one hour of Category 1 credit for the Physician's Recognition Award of the American Medical Association. In order to receive credit, participants must return a question form to USUHS. A convenient response page linked to every case is easily completed and returned by typing the required reply or clicking on selected answers. A certificate of participation will be sent electronically to the responders. Two weeks after the initial presentation of cases, the diagnosis and case discussion are posted.

For more information about the course, contact the course director, LTC Richard Conran, MC, USA, at DSN 295-3454 or (301) 295-3454. For technical instructions on how to connect, contact Mr. Jim Hernandez, USUHS's World Wide Web administrator, at DSN 295-3237 or (301) 295-3237.

-USN-

#### HEADLINE: Navy Nurses Provide Corpsmen with LVN Review Classes

USNH Guam (NSMN) -- The director of Nursing Service at U.S. Naval Hospital Guam, CDR A. Shimkus, NC, recently challenged the hospital's nurses to think of how to best help hospital corpsmen advance professionally and personally.

One way they discovered was that corpsmen could challenge the Licensed Vocational Nurse (LVN) Exam after validating successful completion of basic hospital corps school and one year of inpatient hospital experience, according to the Guam and California Nurse Board of Examiners.

With the additional benefit of positively impacting the quality of care, LT Linda Nichols, NC, USNR, eagerly coordinated the hospital's first LVN Review Course in spring 1994, which was well attended by both military personnel and people from the civilian community. The course also provided corpsmen additional opportunities to review for advancement exams.

Offering classes once a week after normal working hours, 18 Navy Nurse Corps officers volunteered to prepare and teach a comprehensive range of topics, such as: nursing process, anatomy and physiology, pharmacology, care of patients in various developmental stages, obstetrical nursing, disaster/emergency nursing, and psychiatric nursing. Thus far, about six people are in the application process or have successfully completed the

exam. HM3 Walter Silverman was one of the first to pass the California LVN Examination.

LT Ana Stoehr continued the tradition in 1995, revising the curriculum to better meet the needs of the students. She calls it a "win-win" situation for everyone -- an excellent review of the basics of patient care for advancement and licensure and an opportunity for "instructors" to improve their teaching skills. Story by CDR Jean E. Quindag-Raffels, NC, assistant director, USNH Nursing Service

-USN-

HEADLINE: Prescription Musts for Mail-order Pharmacy Project  
BUMED Washington (NSMN) -- The DOD Mail Service Pharmacy Demonstration (MSPD) was implemented in 1994 in two multistate regions -- Florida, Georgia and South Carolina, and Pennsylvania, New Jersey and Delaware.

Recently, a representative of the contractor, Health Care Services, Inc., briefed program managers at the Bureau of Medicine and Surgery on the first three months of MSPD's operation.

The monthly volume of prescriptions filled under the MSPD is growing rapidly, but is still significantly less than anticipated. One problem is that military providers do not include all required data elements on prescriptions. If you write a prescription that is to be filled through the MSPD, be sure to include on each prescription document your identification information -- printed name, address, telephone number and social security number of prescriber. Also include the date, 60 day supply authorized and the number of refills authorized.

Another reason for the lower than anticipated volume is that patients are not aware of this service and what it has to offer. CHAMPUS-eligible beneficiaries in the two multistate areas can get 60-day prescriptions filled through the mail for copayments of either \$4 (active duty family members) or \$8 (all others) per prescription.

Depending on your location, Medicare-eligible beneficiaries can also take advantage of the MSPD. During 1995, those in the BRAC-site catchment areas of Orlando, FL, and Philadelphia will become eligible for MSPD. Also, the 1995 Defense Authorization Act extends eligibility to Medicare-eligible beneficiaries who are outside BRAC catchment areas if they relied upon the pharmacy services at a BRAC site medical treatment facility.

Not only is the MSPD more convenient for patients, it's more cost-effective for the Department of Defense.

If you think you're eligible for this service and would like more information, contact your health benefits advisor.

If you're writing prescriptions for the MSPD, be sure to include all required information. Health care providers and HBAs needing more information can contact BUMED's CDR P. Buss, MC, at DSN 294-1701 or (202) 653-1701.

-USN-

HEADLINE: Naval District Washington's Uniform Shift Coming  
NDW Washington (NSMN) -- If you're headed to the Washington

area, you'll want to know that the shift to summer uniform will be effective in Naval District Washington 0001, 1 May 1995.

In a message issued last month, NDW stated "the prescribed uniform of the day is summer white for officers and chief petty officers; service dress white for E-6 and below. The alternate uniform is summer khaki (CNT fabric) for officers and chief petty officers; summer white for E-6 and below." There will be no transition period.

If you're coming to town to conduct official business on Capitol Hill, the prescribed uniform remains service dress blue.

-USN-

### 3. Changes of Command: Information on new assignments of Navy Medical Department leaders.

#### HEADLINE: NDC Newport Change of Command

NDC Newport, RI (NSMN) -- In a change of command ceremony 23 February 1995, CAPT Leon R. Escude Jr., DC, relieved CAPT Robert L. Jucovics, DC, as commanding officer, Naval Dental Center Newport.

Jucovics, commanding officer of the Naval Dental Center since July 1992, will report as the commanding officer, Naval Dental Center Great Lakes, IL, in March.

Escude was previously director of the Branch Dental Clinic at the U.S. Naval Academy in Annapolis, MD.

-USN-

#### HEADLINE: Cote Retires with Legion of Merit after 42 Years

NAVHOSP Newport, RI (NSMN) -- In a change of command ceremony held 2 December 1994, CAPT Charles Henderson III, MSC, relieved CAPT Robert R. Cote, MSC, as commanding officer, Naval Hospital Newport.

Henderson previously served as commanding officer, Naval Hospital Patuxent River, MD.

Cote had served as Newport's commanding officer since 30 March 1993. He retired with 42 years of naval service, and received a Legion of Merit in recognition of his outstanding contributions to Navy medicine. Although he retired from the Navy, Cote did not retire from the health care arena. He accepted a position as director, Health Services, at the University of Rhode Island.

-USN-

### 4. Events, observances and anniversaries for the month of April and 1-11 April:

#### APRIL

National Alcohol Awareness Month (212/206-6770)

Cancer Control Month (404/329-5739)

Child Abuse Prevention Month (312/663-3520)

Month of the Military Child

Stress Awareness Month

National Occupational Therapy Month (301/652-2682)

National Sexually Transmitted Disease (STD) Awareness Month (919/361-8400)

Sports Eye Safety Month (1-800-331-2020)  
National Youth Sports Injury Prevention Month (617/449-2499)  
National Humor Month (408/624-3058)  
Mathematics Education Month  
Keep America Beautiful Month  
1 April - 1 May: Annual Savings Bonds Campaign  
1 April 1925: 1st carrier night landing made on Langley  
1 April: April Fool's Day  
2 April, 0200: Daylight-saving time begins; set clocks  
ahead one hour  
2 April 1948: Dental Technician Rating Established  
2 April: International Children's Book Day  
3 April 1860: Pony Express started  
3-9 April: Healthcare Access Personnel Week -- "We Admit We  
Care" (202/857-1125)  
6 April 1830: Mormon church organized  
7 April: World Health Day  
7-9 April: Alcohol-Free Weekend (212/206-6770)  
9 April: Palm Sunday  
9 April 1865: General Robert E. Lee, CSA, surrendered to  
Lt.Gen. Ulysses S. Grant, USA, ending the Civil War, which began  
12 April 1861, with shots fired on Fort Sumter, Charleston, SC  
9-15 April: National Building Safety Week (703/437-0100)  
9-15 April: National Library Week -- "Libraries Change  
Lives" (312/280-5044/1 or 1-800-545-2433, ext. 5044 or 5041)  
-USN-

5. ADDRESSEES ARE ENCOURAGED TO SUBMIT INFORMATION AND NEWS  
ITEMS OF MEDICAL DEPARTMENT OR BENEFICIARY INTEREST (IN STORY  
FORMAT) BY TELEPHONE, FAX OR E-MAIL TO BUMED, ATTN: EDITOR,  
NAVAL SERVICE MEDICAL NEWS (MED 00P2). TELEPHONE (202) 653-0793,  
DSN 294-0793. FAX (202) 653-0086, DSN 294-0086. E-MAIL  
NMC0ENL@BUMED10.MED.NAVY.MIL//

-USN-